

## Our Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:00 <b>Adult Laps Swim</b> 18+	12:00-2:00 <b>Adult Lap Swim</b> 18+	12:00-2:00 <b>Adult Lap Swim</b> 18+	12:00-2:00 <b>Adult Swim</b> 18+	12:00- 2:00 <b>Adult Lap Swim</b> 18+	
2:00-2:50 Adult Open Swim 18+	2:00-2:50 <b>Adult Open Swim</b> 18+	2:00-2:50 <b>Adult Open Swim</b> 18+	2:00-2:50 Adult Open Swim 18+	2:00-2:50 Adult Open Swim 18+	
4:00- 5:45 Youth Open Swim 8-17	4:00- 5:45 Youth Open Swim 8-17	2:00- 2:45 Youth Open Swim 8-17	2:00- 2:45 Youth Open Swim 8-17	2:00- 2:45 Youth Open Swim 8-17	
5:15-5:45 <b>Adult open Swim</b> 18+	5:15-6:30 <b>Adult Open Swim</b> 18+	5:15-5:45 <b>Adult Open Swim</b> 18+	5:15-6:30 <b>Adult Open Swim</b> 18+	<b>5:00-6:30</b> <b>Adult Open Swim</b> 18+	
6:00-7:00 <b>Aquacise</b> 18+ Adult Open Swim until 7:30	6:45-7:30 <b>Parent &amp; Child</b>	6:00-7:00 <b>Aquacise</b> 18+ Adult Open Swim until 7:30	6:45-7:30 <b>Parent &amp; Child</b>	6:45-7:30 <b>Parent &amp; Child</b>	
7:00-7:30 Lap Swim 18+		7:00-7:30 Lap Swim 18+			

All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

### Highlight Your Spring

**SAUNA (HOT ROOM)**  
MONDAY-FRIDAY 12:00-7:30  
SATURDAY 10:00-2:00

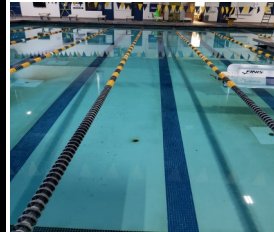
**Also**  
**A very Humble Weight Room**



- American Scores
- Field Games (on-going)
- Creating Comics
- Health Cooking
- Yoga on selected days (ask front desk)
- Esports Program
- Youth Baseball training



Stella Walsh Recreation Center  
7345 Broadway Ave.  
**216/664-4658**



Find your **Program** Here

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	12:00-2:00 <b>Senior Arts</b> <b>Golden Agers</b>		12:00-2:00 Senior Arts Golden Agers		
	4:00- 5:30 Health Cooking & Esport Program Ages:	3:00- 5:00 Open Computer Ages: 8-17	4:00- 6:00 Esport Program Ages: 8-17		
5:00-7:00 <b>Phlebotomy</b> & <b>AA 1 Meeting</b> AA2 Meeting>	5:00-6:30 Reading Boost Grade: 6-8 American Scores Grade: 6-8	5:00-7:00 <b>Phlebotomy</b>	<b>5:00-6:00</b> <b>*Creating Comic</b> <b>Grade; 6-8th</b>		 <b>Coming Soon!!</b>
<b>*Youth Open Gym Times</b>					
3:00-5:00 Youth Open Gym Ages: 8-17	3:00-5:00 Youth Open Gym Ages: 8-17	3:00-5:00 Youth Open Gym Ages: 8-17	3:00-5:00 3 on 3 Fall League Ages: 8-17	3:00-4:00 Youth Open Gym Ages: 8-17	1:30-3:00 <b>Youth</b> <b>Baseball</b> <b>training</b> <b>Ages 8-14</b>
5:00-6:00 <b>Youth Skills &amp; Drills</b> Ages: 8-17	5:00-7:00 <b>Family</b> <b>Volleyball/</b> <b>Practices</b> Playable ages	5:15-7:15 <b>Middle School</b> <b>Basketball League/</b> <b>Open</b> Ages: 13-15	5:00-7:00 <b>School Group</b> <b>Practice</b> Ages: Middle School (starts in October)	<b>5:00-7:00</b> <b>School Group</b> <b>Practice</b> <b>Ages: Middle</b> <b>School</b>	3:00-5:00 Youth Gym
6:00-7:15 <b>Open Gym Youth</b> Ages: 12-17					