

Aquatics Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:30 Lap Swim Ages 18+	12:00-1:00 Senior Arthritic Aquacise Ages 50+	12:00-1:30 Lap Swim Adult 18+	12:00-1:00 Senior Arthritic Aquacise Ages 50+	12:00-1:30 Lap Swim Adult 18+	10:00—12:00 am Parent & Peewee Swim
1:30-3:00 Open Swim Ages 18+	1:00-2:00 Lap Swim Ages 18+	1:30 - 3:00 Open Swim Ages 18+	1:00-2:00 Lap Swim Ages 18+	1:30-3:00 Open Swim Ages 18+	12:00—3:00 pm Youth Open Swim Ages 8-17
3:00-4:00 Youth LTS Ages 8-17	2:00-3:00 Open Swim Ages 18+	3:00-5:00 Open Swim Ages 8-17	2:00-3:00 Open Swim Ages 18+	3:00-5:00 Youth Open Swim Ages 8-17	3:00—5:30 pm Adult Open Swim Ages 18+
4:00-5:30 Open Swim Ages 8-17	3:00-5:00 Open Swim Ages 8-17	5:00-6:15 Youth LTS Ages 8-17	3:00-5:00 Open Swim Ages 8-17	5:00-7:30 Family Swim (All Ages w/adults)	
5:30-6:30 Lap Swim Ages 18+	5:00-7:30 *Adult Open Swim Ages 18+	6:30-7:30 Aquacise Ages 18+	5:00-7:30 *Adult Open Swim Ages 18+		Sauna Will Be Open During Adult Times
6:30 -7:30 Aquacise Ages 18+	5:00-7:30 **Lifeguard Training Ages 18+		5:00-7:30 **Lifeguard Training Ages 18+	* Note: Swim schedule will be Adult open until Jan.	**LG Training to start in January

All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult.
Two children per adult.

Other Exciting Programs

Weight Room	Monday– Friday	12:00 - 7:30p.m.	18+
	Saturday	10:00 - 5:30pm	18+
Computer Lab	Monday– Friday	12:00 - 7:30p.m.	All ages
Aerobics	Monday, Wednesday, Friday	6:30 - 7:30p.m.	15+
Line Dancing	Wednesday	5:30 - 6:30pm	All ages
Boxing	Monday– Thursday	5:30 - 7:30p.m.	All ages

Schedule subject to change without prior notice.



NOTE: Fairfax will be a host site for citywide basketball games during the months of February, March and April. Please call for changes in schedule.

TRAVEL BASKETBALL TEAMS

Monday	Jr. Boys Basketball	February - April
Tuesday	Senior Girls Basketball	February - April
Wednesday	Senior Boys Basketball	February - April
Thursday	Jr. Girls Basketball	February - April
Friday	Midget Girls Basketball	February - April

See Staff for Details

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-11:00 Senior Aerobics Ages 50+	12:00-2:30 St. Adalbert Gym Class	10:00-11:00 Senior Aerobics Ages 50+	12:00-2:30 St. Adalbert Gym Class	10:00-11:00 Senior Aerobics Ages 50+	10:00-12:00 Peewee Basketball
12:00-2:30 St. Adalbert Gym Class	3:00-4:00 St. Adalbert Practice/youth open Ages 8-17	12:00-2:30 St. Adalbert Gym Class	3:00-4:00 St. Adalbert Practice/youth open Ages 8-17	12:00-2:30 St. Adalbert Gym Class Ages 18+	12:00-5:00 Adult Basketball League Ages 40+
3:00-4:30 St. Adalbert Practice/youth open Ages 8-17	4:00-5:00 Girls Basketball Practice Ages 8-17	3:00-4:30 St. Adalbert Practice/youth open Ages 8-14	4:00-5:00 Girls Basketball Practice Ages 8-17	3:00-5:00 St. Adalbert Practice/youth open Ages 8-14	
4:30-6:30 Midget House League Basketball Ages 8-11	5:00-6:30 Junior Boys House League Basketball Ages 15-17	4:30-6:30 Midget House League Basketball Ages 8-11	5:00-6:30 Junior Boys House League Basketball Ages 15-17	5:00-6:00 Young Adult Open Ages 17-24	
6:30-7:30 Old Timers Basketball 35+	6:30-7:30 Senior Boys House League Basketball League	6:30-7:30 Old Timers Basketball 35+	6:30-7:30 Senior Boys House League Basketball League	6:00-7:00 Family Open Gym All Ages	
		6:30-7:30 Adult Open Gym Ages 18+			