

Big City Boo

Cleveland's safe alternative to Trick O' Treating

Friday, October 30, 2015 5:30 -7:30 p.m.

Children - 12 years of age and younger



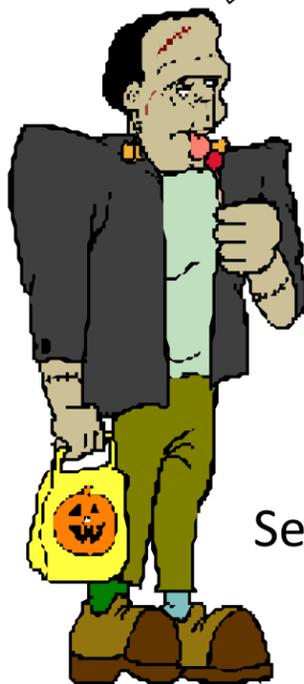
Refreshments

Prizes

Contests

Games

Ummm, candy good!, Games FUN!



See your nearest recreation center or call

664-2561 for further information



CITY OF CLEVELAND
Mayor Frank G. Jackson

PLAY, CREATE & CELEBRATE

Department of Public Works

Division of Recreation

Fall 2015



Fall/Winter Edition



Dinner is Served



Beginning September 8th the Division of Recreation will again serve evening hot meals to children in grades K - 12.

The meals are nutritious as well as delicious. Meals consist of meat, vegetable and/or fruit, grain and milk.

A sample meal would be a 4 oz. chicken patty with gravy, 1/2 cup broccoli, 1/2 cup of rice pilaf, a fresh orange and 8 oz. of skim milk.

Children only have to register and they will receive a meal everyday after school. Serving times vary between 3:00 p.m. and 6:00 p.m. Ask at your recreation center for specific details.

Homework Help is here



Think you might need help with homework? We can help you out. Check at your recreation center for Homework help programs.

Help times and courses vary offer at each recreation center, check with your center for details.

Are you ready for some Football?

Flag football is back. In Cleveland fall means football. Whether it's tackle, touch or flag, the pigskin will fly.

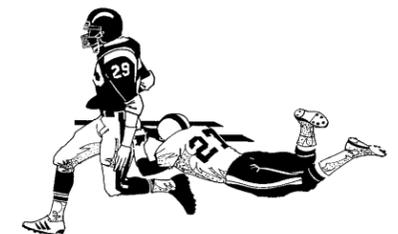


Any age can get in on the fun, from the pee wees (4 - 7 years) all the way to the teens (15 - 17 years). All equipment is provided and at the pee wee level, no score is kept and Coaches are allowed on the field.

Since everyone is an eligible receiver,

any pass may result in a touch-down, making the action unpredictable and really exciting. You can sign up at any recreation center. Flag football too tame for you, want more hard-hitting action? Several centers offer tackle football, beginning at age 6 - 8 with the termite age group up to the big boys: bantam weight 12 - 14 years.

Games are on the weekends, Saturday and Sundays at fields across the city. Teams even include cheerleaders. Plan to check out a game this fall.



Fall in the Gym - Check it out!



This fall's special sport offerings consist of Pickle ball, broom hockey, dodge ball and volleyball. We're keeping you busy until the snow falls. Let's start with pickle ball, it has a funny name and is lot's of fun! The game is a combination of table tennis and racquetball, kind of. The game you play on a small tennis-like court using paddles that are bigger than table tennis paddles. You can play with two or four players and it's fast!

Pickle ball is offered at the centers listed below:

- Earle B. Turner
- John F. Kennedy
- Fairfax
- Thurgood Marshall
- Collinwood

Broom hockey is just that. Hockey with a broom instead of a stick and a ball instead of a puck. Since there's no slipping or sliding, even a novice can play. No pads or face masks are needed.



Broom hockey will be sweeping in at:

- Central
- Clark
- Cory
- Halloran
- Ken Johnson

Let's smash something...especially that volleyball. Coed volleyball is fast and fun. Games are fast because of rally scoring, teams get points even when they are not serving. Matches are the best of five, so there's always a chance to come back.

Youth from Midgets (8 - 10); Juniors (11 - 14) and seniors (15 - 17) are eligible to play.

All equipment is provided.

You may register at any Recreation Center.



Winter is "Snow-Fun"



Looking for summer employment?

Lifeguard training classes will be starting soon, classes will be held at most recreation centers:

All perspective applicants must pass the pre skills test, before being enrolled in class.

The successful applicant must:

- Be at least 15 years old
- Be able to swim 300 yards non-stop
- Tread water for two minutes using legs only
- Swim to the deepest end of the pool.
- Retrieve a 10 pound object and return
- Pass a written test, with 80% or better.

For further information please call 664-3018.

SUCCESSFUL COMPLETION DOES NOT GUARANTEE EMPLOYMENT WITH THE CITY OF CLEVELAND. City of Cleveland



The Hoops are HOT!



During the winter when it's blustery and cold outside the hoops are hot inside.

For everybody from pee wees to seniors it's time for basketball. House leagues begin in January and you can get in on the action by registering now.

The younger leagues are instructional and Pee wee coaches are allowed on the floor, the emphasis is on learning not just winning. Upper ages are encouraged to show sportsmanship and decorum.

The season will culminate in a tournament for the upper ages.

Uniforms are provided

What's going on in the Pool?

Even though there may be a slight chill in the air, the water still feels fine. Our pools are a comfortable 82 - 86 degrees, perfect for working out, lap swim, aquacise or water walking.

All year the aquatics program offers a myriad of activities in the pool. Swim team practice begins right after school is back in session. Swim meets with other recreation centers are a highlight for swimmers and spectators. The culmination of the meets is having the city finals, which are televised and broadcast on TV20 (Time Warner cable).

New to the pool scene is inner tube water polo, while it may



be a handful to say it's big fun. It's a combination of traditional water polo, but with less strenuous swimming, hence the inner tube.

Games offer great competition and good exercise. Youth 8 - 17 are eligible to play.

For those looking for a workout with less stress the pool is the place to be. Water walking, lap swim and aquacise, offer a great way to raise the heart rate and to tone the muscles. It's also refreshing. You're only in water up to your chest, so no need to ruin that new hair-do.

Just in case you need the basics -



learning how to swim...classes are offered year round for ages from 1 to "way more than 1". Check your recreation center schedule for dates and times. All classes are free, proper swim attire required at all times.

Would you like more information on the Aquatics programs call (216)664-2571

Did you know we teach Learn to Swim all year? We teach from babies to Seniors and all classes are free.

Check with your recreation center for times and dates.



WE WANT YOU!!



Do you have knowledge to share? Ready to fill a void in your life? Looking for the adoration of lots of little people?

Then we're looking for you!!

Volunteers are needed at our Recreation Centers. Don't think you have skills, we'll train you, and not just sports, how about arts & crafts? Construction paper, glue and crayons provided. Hours, days and programs vary. Speak to your local center Manager and complete a background check form and you're on way to fame and fortune!!

(Fame and fortune not provided, but you will have the adoration of lots of kids!)

Division of Recreation Sites

| | | |
|--------------------|---------------------|----------|
| Alexander Hamilton | 13200 Kinsman | 664-4121 |
| Central | 2526 Central Ave. | 664-4241 |
| Clark | 5706 Clark Ave. | 664-4657 |
| Collinwood | 16300 Lakeshore | 420-8323 |
| Cory | 10510 Drexel Ave. | 664-3389 |
| Cudell | 1910 West Blvd. | 664-4137 |
| Cudell Fine Arts | 10013 Detroit Ave. | 664-4183 |
| E. J. Kovacic | 6250 St. Clair Ave. | 664-4140 |
| Earle B. Turner | 11300 Miles Ave. | 420-8358 |
| Estabrook | 4125 Fulton Rd. | 664-4149 |
| Fairfax | 2355 East 82nd | 664-4142 |
| Glenville | 680 East 113th St. | 664-2516 |
| Gunning | 16700 Puritas Ave. | 420-7900 |
| Halloran Rink | 3550 Linnet | 664-4187 |
| John F. Kennedy | 17300 Harvard Ave | 664-2572 |
| Kenneth Johnson | 9206 Woodland | 664-4124 |
| Lonnie Burten | 2511 East 46th St. | 664-4139 |
| Michael Zone | 6301 Lorain | 664-3373 |
| Stella Walsh | 7345 Broadway Ave. | 664-4658 |
| Sterling | 1380 East 32nd St. | 664-2573 |
| Thurgood Marshall | 8611 Hough Ave. | 664-4045 |
| Zelma George | 3155 M.L.K. | 420-8800 |

Just a bit of Art

- ◆ Show off your talents in the Division of Recreation Talent Showcase on November 20th
- ◆ Join us the trim the City Christmas tree on Thursday, December 3rd in the City Hall Rotunda. Bring your hand-made ornament to be put on the tree.
- ◆ Actors, singers and dancers are needed for the Division of Recreation's Annual Holiday Play. The play will be held on December 10, 2015.